

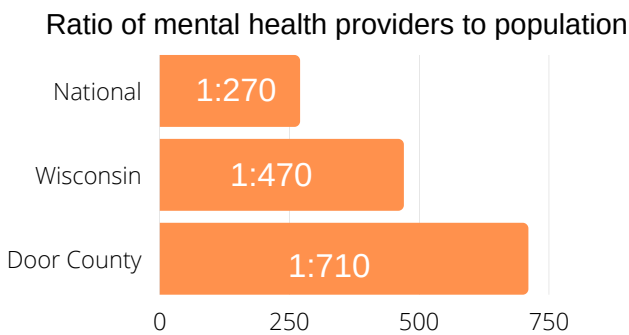


Strengthening, Trust and Resilience, Instilling Independence, Discovering Empowerment

The STRIDE Program exists to remove barriers to access quality mental health care for Door County youth.

Did you know?

49% of Door County youth experience significant problems due to anxiety or prolonged sadness.



STRIDE focuses on providing quality mental health services, on-site in all five Door County schools during school hours. STRIDE has matched each Door County school with a community mental health provider to provide direct one on one mental health counseling to students one day per week during the school year.



STRIDE Creative empowers Door County Youth through creativity and wellness education. We partner with a certified art therapist to provide programming.



Mighty Teens Empowerment is a 6-week virtual art journal club that helps students manage stress, uncertainty, and change. It is a program of STRIDE Creative.

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Need more information?



Or visit
www.stridecreatedc.com