

Youth Mental Health & Wellness 101

Panel Discussion + Community Forum

Join us for an interactive forum & discussion for parents + caregivers on how to support children / adolescent mental health & wellness.

Panelists: Ally Bretl, LCSW and STRIDE Provider, Door County Medical Center
Simon Rabas, LCSW, Door County Medical Center
Elizabeth Patera-Butz, MA, LPC and STRIDE Provider, Gibraltar Schools
Symone Sandoval, Sevastopol High School Senior, United Way Youth Apprentice

WEDNESDAY
MAY 10th

5:30 to 7:30 pm
PEACH BARN BREWERY

Family-friendly, snacks and sips available.
All are welcome for this community-oriented event!



**NORTHERN
DOOR
ACTIVISM**

If you are in the mental health space in any capacity, please RSVP so we can recognize your work at the event:
northerndooractivism@gmail.com

